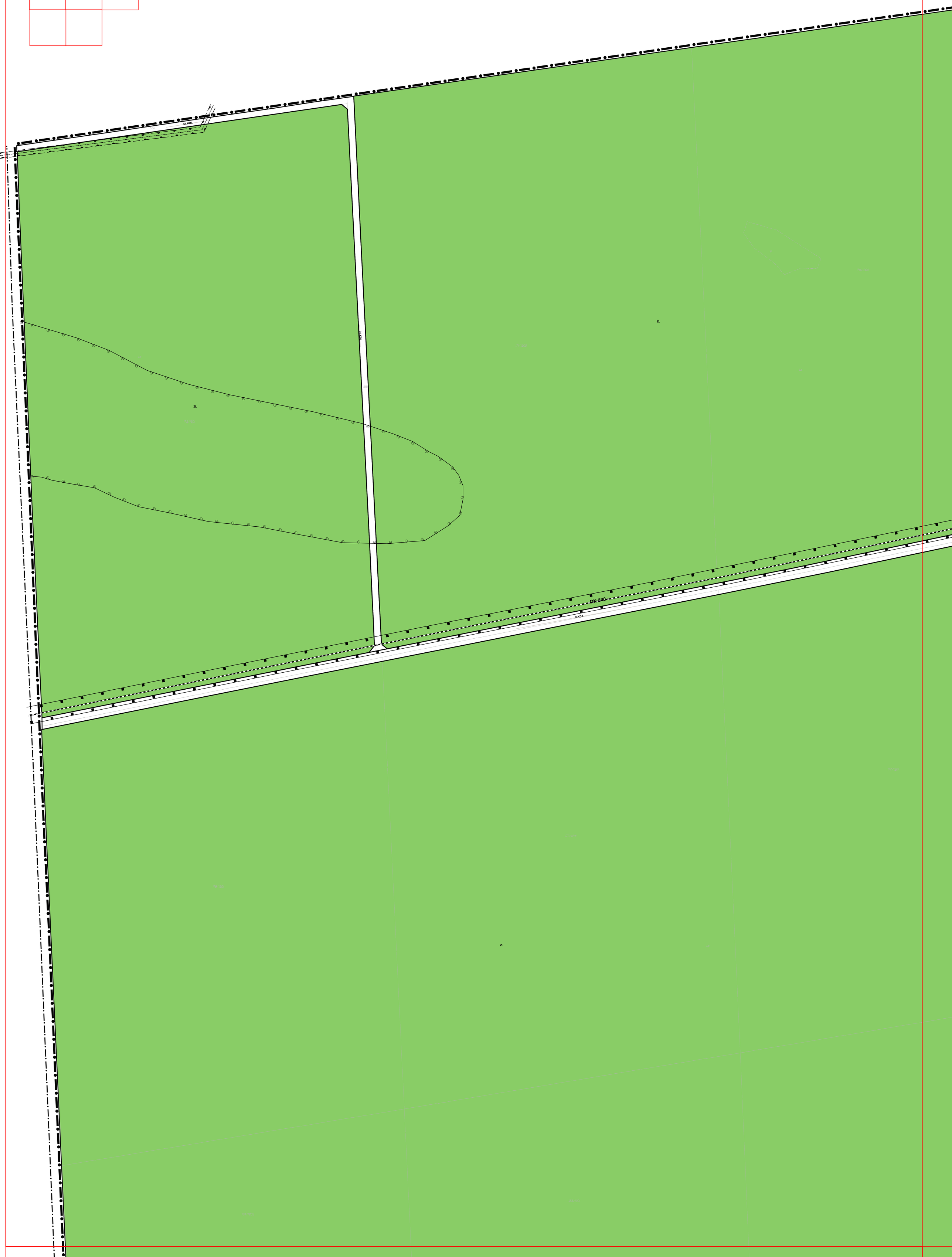ARKUSZ 1